



**DATE:** August 2010  
**TO:** IDS Parents and Students  
**FROM:** Chef Garret Jagdmann  
**SUBJECT:** 2010 - 2011 Lunch Program Overview

**REMINDER: OUR LUNCH PROGRAM STARTS  
WEDNESDAY, AUGUST 25; *FIRST DAY OF SCHOOL***

Welcome to all of our new and returning IDS students and families. IDS would like to thank all students, parents, faculty, and especially the volunteers who have helped make our lunch program such a “delicious” success!

The #1 Goal of the Lunch Program is to provide all of our children with a high quality, nutritious, cost effective, positive lunch experience. All of the hot lunches will mirror the National School Lunch standards for daily requirements of protein, vegetable, fruit, dairy and grain.

Based on great recommendations from our community, we have some new additions to the lunch program:

- Papa John’s will be supplying pizza every Wednesday.
- We will be replacing Restaurant Appreciation Day with our theme days such as “**Grillin’ and Chillin’ Fridays**” (cook-outs with fresh grilled hamburgers and hot dogs); “**Flap-Jack Frenzy Day**” (fresh homemade pancakes) and “**Fabulous French Toast Day**”!

The IDS Lunch Program will include a choice of: **1.) Meal, 2.) Salad or a 3.) Box Lunch.** As you review the first offering for this school year, you will find a wide variety of healthy kid-friendly food choices. We also include **fresh cut seasonal fruit, garden fresh veggies, and a beverage with every meal.** Please, see the lunch menu for offerings. Attached you will find our menu for August/September/October. The Lunch Program will be divided into three calendar offerings.

- I.** August 25 thru October 29 - (41 lunch days)
- II.** November 1 thru February 28 - (63 lunch days)
- III.** March 1 thru June 3 - (58 lunch days)

**Our first lunch offering will begin the FIRST DAY OF SCHOOL – Wednesday AUGUST 25, 2010.** It is very important that families, who wish to participate in the lunch program the first week of school, return the lunch order form to the IDS Office by **Thursday, August 12.**

Please enclose a check with your child’s order form and return it to the IDS business office. **Walk-ups** will be charged monthly for the box lunches. Please note that there are no refunds or lunch exchanges due to student absences or field trips.

Three weeks prior to the start of each new lunch offering, families will receive a new PFA Lunch Order Form and Monthly Calendar. The IDS Lunch Program also has many purchase plans available – all purchase plans include a beverage - water, fruit juice, or milk.

**Option #1 – Win Win Plan**; this plan will provide your child with lunch everyday during the school year (except for half days). Lunch will be served 162 days this year. With this plan you make a one time purchase of \$625 (**\$3.86 a lunch**) and have peace of mind knowing your child will be provided with a delicious and nutritious meal daily. Please select meal or salad on the attached order form for session one through October 29. You will be able to make new choices in each of the three sessions.

**Option #2 – Full Purchase Plan**; this plan will provide your child with lunch for the entire first offering (August 25<sup>th</sup> thru October 29<sup>th</sup>). Please select a meal or salad on the attached order form. The cost of this plan is **\$4.00 a lunch**. Your total cost will be (**\$4.00 x 41 days**) **\$164.00** for the first session.

**Option #3 – Partial Purchase Plan**; this plan will allow you to pick and choose from the attached order form. Please select a meal or salad for days you would like to purchase lunch. The price of this plan is **\$5.00 a lunch**.

**Option #4 – Walk Up Charges**; this is for students needing a lunch. These students will be provided with a box lunch which includes their choice of a fresh turkey and cheese **or** peanut butter and jelly sandwich, chips, granola bar, apple sauce, and a beverage. All walk up lunches will be charged **\$6.00** or you can pay cash at the time of purchase. If there is enough of the meal of the day, that is a possible choice depending only on the amount of food remaining.


**Option #5 - Drink Options**; students bringing a lunch from home or someone who has purchased a lunch may buy a beverage for **\$1.00**.

If you purchase the Win Win or Full Purchase Plans, your child has the option of substituting a boxed lunch for a hot meal at the time of service. Students will make their beverage selection at lunch time. Daily beverage choices consist of one (1) of the following per lunch:


- Milk (white or chocolate) or
- Bottled water or
- 100% fruit juice

At any time, should any IDS parent have any questions regarding the Lunch Program, please feel free to contact Chef Garret or Billie Valloreo at (813)-961-3087.

# August / September 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>LUNCH NOTES:</b></p> <ul style="list-style-type: none"> <li>FRESH AND DELICIOUS GARDEN SALADS WITH GRILLED CHICKEN: AVAILABLE DAILY</li> <li>FRESH TURKEY SANDWICH ON A CIABATTA ROLL AND PB&amp;J ARE ALSO AVAILABLE DAILY</li> <li>ALL FRUIT IS FRESH AND SERVED DAILY</li> </ul>			<b>AUGUST 25</b> Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	26 Spaghetti and Meatballs Salad Fresh Fruit and Garlic Bread	27 Grillin n' Chillin Hamburgers Roasted Red Potatoes Baked Beans and Fresh Fruit	
	30 Homemade Mac n' Cheese Fresh Fruit Green Beans and Bruschetta	31 Soft tacos w/ beef Yellow rice Santa Fe Corn and Black Bean Salad	<b>SEPTEMBER 1</b> Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	2 Grilled Chicken Buttered Herb Pasta Fresh Fruit and Roasted Broccoli	3 Grillin n' Chillin Hot Dogs Roasted Red Potatoes Baked Beans and Fresh Fruit	
	<b>6</b> <b>SCHOOL HOLIDAY</b>	7 Grilled Turkey and Swiss Sandwich Fresh Fruit Salad and Yogurt	8 Pizza Day Carrot Sticks Fresh Fruit and Chocolate chip Cookie	9 Honey Lime Chicken Drums Wild Rice Fresh Fruit and Roasted Vegetables	10 Grillin n' Chillin Hamburgers Roasted Red Potatoes Baked Beans and Fresh Fruit	
	13 Grilled Cheese Tomato Soup Fresh Fruit and Shredded Carrot Salad	14 Spaghetti and Meatballs Salad Fresh Fruit and Garlic Bread	<b>15</b> <b>NOON DISMISSAL</b>	16 Grilled Chicken Buttered Herb Pasta Fresh Fruit and Roasted Broccoli	17 Grillin n' Chillin Hot Dogs Roasted Red Potatoes Baked Beans and Fresh Fruit	
	20 Lasagna Fresh Fruit Caesar Salad and Garlic Bread	21 Soft Tacos w/Beef Yellow Rice Santa Fe Corn and Black Bean Salad	22 Pizza Day Carrot Sticks Fresh Fruit and Chocolate chip Cookie	23 Homemade Mac n' Cheese Fresh Fruit Green Beans and Bruschetta	24 Grillin n' Chillin Hamburgers Roasted Red Potatoes Baked Beans and Fresh Fruit	

# September/October 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>LUNCH NOTES:</b></p> <ul style="list-style-type: none"> <li>FRESH AND DELICIOUS GARDEN SALADS WITH GRILLED CHICKEN: AVAILABLE DAILY</li> <li>FRESH TURKEY SANDWICH ON A CIABATTA ROLL AND PB&amp;J ARE ALSO AVAILABLE DAILY</li> <li>ALL FRUIT IS FRESH AND SERVED DAILY</li> </ul>	<b>SEPTEMBER 27</b> Grilled Cheese Tomato Soup Fresh Fruit and Shredded Carrot Salad	28 Grilled Chicken Buttered Herb Pasta Fresh Fruit and Roasted Broccoli	29 Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	30 Spaghetti and Meatballs Salad Fresh Fruit and Garlic Bread	<b>OCTOBER 1</b> Grillin n' chillin Hamburgers Roasted Red Potatoes Baked Beans and Fresh Fruit	
	4 Homemade Mac n' Cheese Fresh Fruit Green Beans and Bruschetta	5 Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	<b>6</b> <b>NOON DISMISSAL</b>	<b>7</b> <b>STUDENT HOLIDAY</b>	<b>8</b> <b>STUDENT HOLIDAY</b>	
	11 Chicken Tenders Roasted Red Potatoes Fresh Fruit and Corn	12 Grilled Turkey and Swiss Sandwich Fresh Fruit Salad and Yogurt	13 Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	14 Grilled Chicken Buttered Herb Pasta Fresh Fruit and Roasted Broccoli	15 Grillin n' Chillin Hot Dogs Roasted Red Potatoes Baked Beans and Fresh Fruit	
	18 Honey Lime Chicken Drums Wild Rice Fresh Fruit and Roasted Vegetables	19 Spaghetti and Meatballs Salad Fresh Fruit and Garlic Bread	20 Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	<b>21</b> <b>NOON DISMISSAL</b>	<b>22</b> <b>STUDENT HOLIDAY</b>	
	25 Lasagna Fresh Fruit Caesar Salad and Garlic Bread	26 Soft Tacos w/Beef Yellow Rice Santa Fe Corn and Black Bean Salad	27 Pizza Day Carrot Sticks Fresh Fruit and Chocolate Chip Cookie	28 Homemade Mac n' Cheese Fresh Fruit Green Beans and Bruschetta	29 Grillin n' Chillin Hamburgers Roasted Red Potatoes Baked Beans and Fresh Fruit	

**LUNCH ORDER FORM**  
**AUGUST 25 - OCTOBER 29, 2010**

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

**OPTION #1: FULL PURCHASE - DAILY LUNCH SERVICE**  
**Students are provided lunch daily from August 25, 2010 thru October 29, 2010**  
**INSTRUCTIONS:** For full purchase plan: please circle or color in the box for either DAILY MEAL SELECTION or FRESH GARDEN SALAD. All meals include a choice of low fat milk or 100% fruit juice. (For students who wish to purchase more than one meal per day - please indicate with a number (example: 2 or 3) in the column and recalculate the total number of lunches). We will supply side dishes. Pizza Day will be supplied by Papa John's. See menu attached.

August 2010

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
						25	MEAL	SALAD	26	MEAL	SALAD	27	MEAL	SALAD
30	MEAL	SALAD	31	MEAL	SALAD									

September 2010

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
						1	MEAL	SALAD	2	MEAL	SALAD	3	MEAL	SALAD
6	<i>SCHOOL HOLIDAY</i>		7	MEAL	SALAD	8	MEAL	SALAD	9	MEAL	SALAD	10	MEAL	SALAD
13	MEAL	SALAD	14	MEAL	SALAD	15	<i>NOON DISMISSAL</i>		16	MEAL	SALAD	17	MEAL	SALAD
20	MEAL	SALAD	21	MEAL	SALAD	22	MEAL	SALAD	23	MEAL	SALAD	24	MEAL	SALAD
27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD	30	MEAL	SALAD			

October 2010

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
												1	MEAL	SALAD
4	MEAL	SALAD	5	MEAL	SALAD	6	<i>NOON DISMISSAL</i>		7	<i>STUDENT HOLIDAY</i>		8	<i>STUDENT HOLIDAY</i>	
11	MEAL	SALAD	12	MEAL	SALAD	13	MEAL	SALAD	14	MEAL	SALAD	15	MEAL	SALAD
18	MEAL	SALAD	19	MEAL	SALAD	20	MEAL	SALAD	21	<i>NOON DISMISSAL</i>		22	<i>STUDENT HOLIDAY</i>	
25	MEAL	SALAD	26	MEAL	SALAD	27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD

<b>DAILY</b>					
<b>LUNCH SERVICE</b>	<b>COST PER LUNCH</b>		<b>Number of</b>		<b>GRAND</b>
8/25/10-10/29/10	<b>\$4.00</b>	<b>X</b>	lunch days	<b>=</b>	<b>TOTAL</b>
			41		<b>\$164.00</b>

**MAKE CHECKS PAYABLE TO IDS. CHECK NUMBER: \_\_\_\_\_**

# LUNCH FORM

## AUGUST 25 - OCTOBER 29, 2010

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_

**OPTION #2: PARTIAL PURCHASE PLAN - SELECTIVE LUNCH SERVICE**

Students are given the option of selecting only the meals they wish to purchase.

**INSTRUCTIONS:** For partial purchase plan: please circle or color in the box for either DAILY MEAL SELECTION or FRESH GARDEN SALAD. All meals include a choice of low fat milk or 100% fruit juice. (For students who wish to purchase more than one meal per day - please indicate with a number (example: 2 or 3) in the column and recalculate the total number of lunches). We will supply side dishes. Pizza Day will be supplied by Papa John's. See menu attached.

August 2010

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
						25	MEAL	SALAD	26	MEAL	SALAD	27	MEAL	SALAD
30	MEAL	SALAD	31	MEAL	SALAD									

September 2010

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
						1	MEAL	SALAD	2	MEAL	SALAD	3	MEAL	SALAD
6	<i>SCHOOL HOLIDAY</i>		7	MEAL	SALAD	8	MEAL	SALAD	9	MEAL	SALAD	10	MEAL	SALAD
13	MEAL	SALAD	14	MEAL	SALAD	15	<i>NOON DISMISSAL</i>		16	MEAL	SALAD	17	MEAL	SALAD
20	MEAL	SALAD	21	MEAL	SALAD	22	MEAL	SALAD	23	MEAL	SALAD	24	MEAL	SALAD
27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD	30	MEAL	SALAD			

October 2010

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
												1	MEAL	SALAD
4	MEAL	SALAD	5	MEAL	SALAD	6	<i>NOON DISMISSAL</i>		7	<i>STUDENT HOLIDAY</i>		8	<i>STUDENT HOLIDAY</i>	
11	MEAL	SALAD	12	MEAL	SALAD	13	MEAL	SALAD	14	MEAL	SALAD	15	MEAL	SALAD
18	MEAL	SALAD	19	MEAL	SALAD	20	MEAL	SALAD	21	<i>NOON DISMISSAL</i>		22	<i>STUDENT HOLIDAY</i>	
25	MEAL	SALAD	26	MEAL	SALAD	27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD

<b>DAILY</b>		<b>Number of</b>		<b>GRAND</b>
<b>LUNCH SERVICE</b>	<b>COST PER LUNCH</b>	<b>lunch days</b>	<b>=</b>	<b>TOTAL</b>
8/25/10-10/29/10	<b>\$5.00</b>	X      _____		

**MAKE CHECKS PAYABLE TO IDS. CHECK NUMBER: \_\_\_\_\_**